Adlington Primary School

FAMILY BULLETIN

Week commencing: Monday 7th September 2026

DATE	ACTIVITY/ EVENT	KEY INFORMATION
Monday 7th September	**Adlington Extra**	Please remember to complete bookings for Breakfast Club/ After School Club on MCAS. Bookings for the following day close at 5.30pm.
Tuesday 8th September	**Forest School**	All classes will be taking part in Forest School sessions – please remember to bring Forest School waterproof clothing to school today.
Tuesday 8th September	**PE**	PE day for Reception, Years 3&4, and Years 5&6. Children should wear their school PE Kit to school (navy/black jogging bottoms or leggings, PE t-shirt, navy jumper, or fleece).
Tuesday 8th September	**Multi-Skills Club**	Multi-Skills Club for Years 1-3 (3.30-4.30pm).
Tuesday 8th September	**Gardening Club**	Gardening Club for Years 3-6 (3.30-4.30pm).
Thursday 9th September	**PE**	PE day for Years 1&2. Children should wear their school PE Kit to school (navy/black jogging bottoms or leggings, PE t-shirt, navy jumper, or fleece).
Thursday 10th September	**Netball Club**	Netball Club for Years 3-6 (3.30-4.30pm).
Friday 11th September	**Family Friday**	Parents/carers are welcome to use the field and trim trail on a Friday afternoon (weather permitting) from 3.20 to 4.00pm. The PTA will also be hosting a *'Welcome to Adlington 2026-2027'* cake and drinks stall.
Friday 11th September	**Swimming**	Years 3&4 swimming lesson. The children will need to wear their PE kits and bring their swimming kit (swimming costume/swimming trunks and towel). Please note that goggles should only be brought if there is a medical reason.

	Monday 7th September	Tuesday 8th September	Wednesday 9th September	Thursday 10th September	Friday 11th September
Reception class	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	School uniform
Year 1 & Year 2	School uniform	Forest School clothing	School uniform	PE Kit	School uniform
Year 3 & Year 4	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	PE Kit & Swimming Kit
Year 5 & Year 6	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	School uniform

MESSAGES

A Wonderful Start to the New School Year!

As we reach the end of our first week back, I would like to thank all of our families for helping to make the start of the new school year such a positive one.

It has been a pleasure welcoming the children back into school. The classrooms have been filled with enthusiasm, smiles, and a real eagerness to learn. Our pupils have settled quickly into their new classes and routines, and we are incredibly proud of the way they have embraced the opportunities and challenges of a new academic year.

A special welcome goes to those families who have joined our school community this term. We hope you have felt warmly welcomed and are already beginning to feel part of the Adlington family.

I would also like to thank parents and carers for your support with attendance, punctuality, uniform, and the many practical arrangements that help the school day run smoothly. Working together in partnership gives our children the very best start and helps them to thrive both academically and personally.

The year ahead promises to be full of exciting learning experiences, memorable events, and opportunities for every child to shine. We look forward to sharing these with you over the coming months.

Thank you once again for your continued support. I wish you all a restful and enjoyable weekend.

Steph Swinson
Headteacher

CLUBS

We would like to thank Paul Kelsall for running the football club for the past year. The children have benefited enormously from his excellent coaching and have thoroughly enjoyed the club. Due to new work commitments, Mr. Kelsall is not able to run the club this year. We are currently sourcing a new coach and will update you as soon as possible regarding a starting date for the football club.

Tuesday 8th September	**Thursday 10th September**
Multi-Skills Club (Years 1&2) Time: 3.30-4.30pm Cost: £35.00 (7 weeks) (maximum of 20 places)	Netball Club (Years 3,4,5&6 only) Time: 3.30-4.30pm Cost: £35.00 (7 weeks) (maximum of 20 places)
Gardening Club (Years 3-6) Time: 3.30-4.30pm Cost: £35.00 (7 weeks) (maximum of 10 places)	Starting Thursday 17th September Tennis Club (Years 1-6). Please book directly with Point One Tennis Adlington Thursdays 3:30pm | Point-One Tennis

- Bookings should be made on MCAS.
- Bookings for tennis must be made directly with the organiser, Point One Tennis
- Payment for the block must be made at the time of booking. Partial refunds will **only** be made if the school has to cancel club sessions for any reason.

PARENT CONTACT DETAILS AND CONSENTS

If you have changed your address, telephone number, email address, emergency contacts, family circumstances, please can parents/carers log into their MCAS app as soon as possible to check all information is correct and update if needed within the app itself. Parents/carers will need to log into their MCAS app, go to 'Data Collection' to review the information.

If there have been any changes to your consent preferences, please contact the school office as soon as possible so that we can update our records. Having accurate information is extremely important. It ensures we can contact parents and carers quickly when needed and that we hold the correct permissions for your child.

If you do not contact the school, we will assume that all contact details and consent information currently held on our system remain correct and unchanged. Thank you for your support in helping us keep our records up to date.

THANK YOU

Thank you for the responding to the request for Reception, Years 1,2,3&4 to bring book bags to school, rather than rucksacks – your support is much appreciated.

Thank you also to families who are using the MCAS App to confirm their child's school meal choices/packed lunch. This is really helpful and saves a lot of time for teachers when completing the morning register, so that they can then start lessons quickly.

CHILDREN'S MENTAL HEALTH

Free courses for any parents living in the North of Cheshire East (Macclesfield, Knutsford, Wilmslow and Poynton) to build knowledge and confidence to support their child's mental health. Parents of young people aged 8-18yrs old Purpose For Information Link: **https://www.justdropin.co.uk/contact-us/info-for parents/**

https://live-chesheast.cloud.contensis.com/images/schools/bulletins/documents-for-bulletins-2026/mhfa-template.jpg

https://live-chesheast.cloud.contensis.com/images/schools/bulletins/documents-for-bulletins-2026/positive-masculinity-course-poster.png

Visyon are offering workshops for parents and carers across Cheshire East, covering a range of topics including Self-harm awareness and Supporting a Child with the Online World.

https://www.visyon.org.uk/parentworkshops

SUPPORT FOR VACCINATIONS OF CHILDREN WITH SEND

The Information for parents and carers leaflet provides practical information for parents and carers and supports vaccination for school age children and young people with special educational needs and disabilities (SEND). This leaflet is designed to help parents and carers understand the importance and benefits of vaccinations for children and young people with SEND. It seeks to address many of the queries and concerns raised by parents and carers of children with SEND and provides practical advice and information on how to prepare for an immunisation appointment, what to expect, and where to find accurate and reliable trusted sources of information on vaccinations.

Information for SEND in mainstream schools

LUNCHBOXES



A reminder that we are a NUT FREE SCHOOL. Please check ingredients carefully. Unfortunately, there have been items brought into school this week, for example Bueno chocolate bars, which contain ground hazelnuts. This creates a serious risk to our pupils with nut allergies. Please note that any food items containing nuts will not be allowed to be consumed.

Products such as Nutella, chocolate spreads containing nuts, peanut butter, nut-based cereal bars should not be brought into school.

We are grateful for your support in helping us create a safe environment for all pupils. Taking the time to check ingredients carefully can make a significant difference to the wellbeing and safety of children with allergies.

FREE SCHOOL MEALS

From September, the Government has expanded the eligibility criteria for Free School Meals, meaning that more families may now be entitled to support. Free School Meals can provide significant help for families and ensure children have access to a healthy, nutritious meal during the school day. We encourage all parents and carers to check whether they may be eligible.

If your child is in Reception, Year 1 or Year 2 and already receives Universal Infant Free School Meals, it is still worth applying if you meet the eligibility criteria, as this may enable the school to receive additional funding through the Pupil Premium.

To find out more or to apply online, please visit Cheshire East Council's website:
Free school meals

If you are unsure whether you qualify, we encourage you to check, as the recent changes mean that more families may now be eligible for support.

CATERING UPDATE

Our catering provider, Chartwells, is looking forward to another exciting term and has lots planned for the children, including:

- Greater menu choice
- Seasonal British produce
- Fun dessert theme days
- A brand-new Autumn/Winter menu
- launching in November

Chartwells remains committed to supporting healthy eating, pupil wellbeing and ensuring children enjoy a positive dining experience at school.

VOLUNTEERS



Forest School volunteers

Last year we had a wonderful group of parent volunteers who helped out at our Forest School sessions on Tuesdays on a rota basis (so no one has to commit to every week). This year, we are looking for parent volunteers to support once again, if you would be interested in helping out mornings or afternoons, please email Mrs. Williams – **admin@adlington.ht.school** with the dates that you would be available to help during the autumn term.

Reception, Year 1, and Year 2 Forest sessions take place during the morning, whilst sessions for Years 3,4,5&6 take place in the afternoon.

Swimming volunteers

We would be very grateful for volunteers to accompany the Year 3&4 swimming sessions on Friday afternoons from 1.30-3.00pm. If you can support any sessions, please let Mrs. Williams know which dates you would be available during the autumn term.

Adlington Primary School

Knowsley City Learning Centres

Online Safety Newsletter Sept 2026

Childline under 12s site

Childline have a separate area on their website for under 12s. The pages are written for primary school children. The area includes a section full of games and a Buddy Zone with tips, such as how to speak to a trusted adult and information on where to get extra support from.

You can access this area here: https://www.childline.org.uk/get-support/u12-landing/

New guidance issued due to concern of AI-manipulated images

Photos of children that seem completely innocent can be manipulated using artificial intelligence (AI) to create sexualised or abusive images. There is a growing threat that children's images shared online are being manipulated by criminals into AI generated sexual abuse material. As concerns grow, the Internet Watch Foundation (IWF) and the National Crime Agency (NCA) have issued new guidance to help you understand the risks around AI image manipulation and advice on how to speak to your child about AI and image consent.



The IWF states that child sexual abuse images or videos created or altered using AI may include:

To read the full newsletter please click the following link: https://adlington.ht.school/wp-content/uploads/2026/09/Online-Safety-Newsletter-Primary-September-2026_10-Adlington_01-09-2026-1.pdf

MACMILLAN COFFEE MORNING



We will be hosting a coffee morning on Friday 25th September (9.00-9.45am). Families are invited to join us to support this charity and enjoy some tasty cakes and a brew! If there are any baking enthusiasts, we would be very grateful for cake donations (please note that we are a nut free school).

ADLINGTON PRIMARY SCHOOL

PTA POSITIONS FOR 2026/2027!

We are looking for enthusiastic volunteers to take on the following roles:

- **CHAIR**
- **TREASURER**
- **SECRETARY**

...with the incredible support of previous year PTA members, a super strong Committee and a super supportive parent community'

AGM DATE: TBC

TOGETHER WE CAN ACHIEVE AMAZING THINGS!

Thank you for supporting Adlington Primary School!