FAMILY BULLETIN

Week commencing: Monday 12h October 2026

DATE	ACTIVITY/ EVENT	KEY INFORMATION
Monday 12th October	**Science Workshop**	Y5&6 will be taking part in a science workshop (in school).
Tuesday 13th October	**Forest School**	All classes will be taking part in Forest School sessions – please remember to bring Forest School waterproof clothing to school today. PLEASE NOTE THAT ALL CHILDREN ARE REQUESTED TO WEAR THEIR SCHOOL PE KIT TODAY (including Years 1&2).
Tuesday 13th October	**PE**	PE day for Reception, Years 3&4, and Years 5&6. Children should wear their school PE Kit to school (navy/black jogging bottoms or leggings, PE t-shirt, navy jumper, or fleece).
Tuesday 13th October	**Multi-Skills Club**	Multi-Skills Club for Years 1-3 (3.30-4.30pm). Places available – please contact the school office to book.
Tuesday 13th October	**Gardening Club**	Gardening Club for Years 3-6 (3.30-4.30pm).
Wednesday 14th October	**PE**	PE day for Years 1&2. Children should wear their school PE Kit to school (navy/black jogging bottoms or leggings, PE t-shirt, navy jumper, or fleece).
Thursday 15th October	**Tennis Club**	Please book directly with Point One Tennis Adlington Thursdays 3:30pm | Point-One Tennis Please note that the club finishes at 4.15pm.
Thursday 15th October	**Netball Club**	Netball Club for Years 3-6 (3.30-4.30pm).
Friday 16th October	**Swimming**	Years 3&4 swimming lesson. The children will need to wear their PE kits and bring their swimming kit.
Friday 16th October	**Film Night**	PTA Film Night (see booking details on page 5) No Field Day Friday today.

	Monday 12th October	Tuesday 13th October	Wednesday 14th October	Thursday 15th October	Friday 16th October
Reception class	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	School uniform
Year 1 & Year 2	School uniform	Forest School clothing & PE Kit	PE Kit	School uniform	School uniform
Year 3 & Year 4	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	PE Kit & Swimming Kit
Year 5 & Year 6	School uniform	Forest School clothing & PE Kit	School uniform	School uniform	School uniform

MESSAGES

Dear Families,

This week has been another busy and rewarding one in school, and I would like to take the opportunity to thank everyone who continues to support our pupils and wider school community.

Our Reception children were delighted to welcome Ella Young, a dentist, who visited school to talk about her role and explain what dentists do. The children thoroughly enjoyed learning about looking after their teeth and had the opportunity to ask lots of thoughtful questions. We are very grateful to Ella for giving her time and helping to bring learning to life for our youngest pupils.

I would also like to extend a sincere thank you to the Greenwood, Hayes-Bell, Higgins and Tomlins families, Mrs. Martindale and Mrs. Hewitt, who volunteered their time to help improve our outdoor spaces on Friday afternoon. The work completed in the sensory garden and around the school grounds has made a tremendous difference. From tidying and weeding to carrying out essential maintenance jobs, your hard work and commitment have helped create an even more welcoming environment for our children to learn and play in.

Finally, thank you to everyone who attended the recent PTA Annual General Meeting. We are incredibly fortunate to have such a dedicated PTA and a parent community that continually supports fundraising events, community activities and the countless tasks involved in running a successful association. Your generosity and involvement make a significant difference to the opportunities we can provide for our pupils. I would also like to say a special thank you to Hannah Moss, who stepped down from her role as PTA Chair at the AGM. Hannah has given her time, energy and enthusiasm so generously, and we are extremely grateful for her dedication and contribution to the school community over the years.

I am also delighted to welcome a new family to our school – Remy will be joining Reception class on Monday 12th October, and I know that you will join me in giving them a warm Adlington welcome.

Wishing you all a wonderful weekend! Best wishes - *Mrs. Swinson*







ROAD CLOSURE

The lower part of Brookledge Lane (from the railway bridge to just before the school) will be closed from 9.30am to 2.30pm on Monday 12th October. Cheshire East Council are carrying out cleaning of the gullies. During these hours, the school will be accessible from Roundy Lane, Sugar Lane and from Pott Shrigley.

Is my child too ill for school?

UK Government NHS

Does your child have a high temperature (38°C or more)? YES Keep them off school until it goes away. NO Follow the guidance below.

Your child can usually go to school with a mild cough or cold if they are otherwise well. If you do keep your child at home, it's important to phone the school or nursery on the first day and give them the reason.

Should go in	Should go in (let the school know)	Seek treatment before returning to school	Keep them off (at first)
A cough, cold or sore throat Fine with slight cough or common cold symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.	**Cold sores** Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.	**Impetigo** They'll need treatment from a pharmacist or GP, often with antibiotics. Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment. Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.	**Ear infection** If your child has an ear infection and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.
Threadworms Speak to your pharmacist, who can recommend a treatment.	**Conjunctivitis** Fine unless they are feeling very unwell. Seek advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.	**Ringworm** See your pharmacist unless it's on their scalp, in which case you should see a GP. It's fine for your child to go to school once they have started treatment.	**Measles** They'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily. Keep your child off school for at least 4 days from when the rash first appears. They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.
	Head lice & nits You can treat head lice and nits without seeing a GP.	**Scarlet fever** They'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks. Your child can go back to school 24 hours after starting antibiotics.	**Vomiting & diarrhoea** Stay away from school until they have not been sick or had diarrhoea due to illness for at least 2 days (48 hours).
	Hand, foot & mouth disease If they seem well enough to go to school, there's no need to keep them off. Encourage your child to throw away any used tissues straight away and to wash their hands regularly.	**Chickenpox** Keep them off school until all the spots have crusted over. This is usually about 5 days after the spots first appeared.	
	Slapped cheek syndrome Once the rash appears, they're no longer infectious. Let the school or teacher know if you think your child has slapped cheek syndrome.		

Feeling worried or anxious: It's normal for any of us to feel worried sometimes. We may get a tummy ache or headache, or have problems eating or sleeping. Avoiding school can sometimes make a child's worries about going to school worse. If your child is struggling, please speak to school as soon as possible to explore available help. If your child is still struggling and it's affecting their everyday life, you should contact GP or school nurse.

To find out more, search www.NHS.uk for the specific illness or infection, or 'Is my child too ill for school?'



The school nursing team will be administering flu vaccinations in school on Monday 9th November.

Further details will be sent nearer to the time.

PARENT AFTERNOON/EVENING APPOINTMENTS

We have added the dates for our parent consultations in the dates for your diary section (page 6). Mrs. Williams will notify parents when appointments are available to book on MCAS. Please note that each family will have a 10-minute appointment slot, and it is important that these timings are kept to so that delays do not occur for other families waiting for their appointment. If a follow up longer meeting is required, these can be arranged separately with the class teacher.

!URGENT!

FAMILES OF ADLINGTON SCHOOL! The fun is in your hands… Please can each family sign up to support an event or tasks for this year. Sign-up boards will be available on the playground/ collection waiting areas during this week or alternatively email admin@adlington.ht.school

No volunteers, no events, no fundraising = NO MONEY FOR OUR SCHOOL

EVENTS	
Discos	Claire Garbe, Gemma Mcconville
Circus	
Film Nights	Lucy Fitton,
Friday cake sales	
Elfridges	Chloe Rutter, Chantelle Armitage
Christmas Party	
Sports Day BBQ	Hannah Moss, Sarah Rutter
Summer Festival Event Organising	
Book Bingo	
TASKS	
Sponsorship and Grant Funding	
Shopping for events	
Website	Julia Cooke
Community social media shout outs!	
Event and ticket registrations	
PTA Storage space	
General PTA HELP!	

PTA Committee 2026-2027

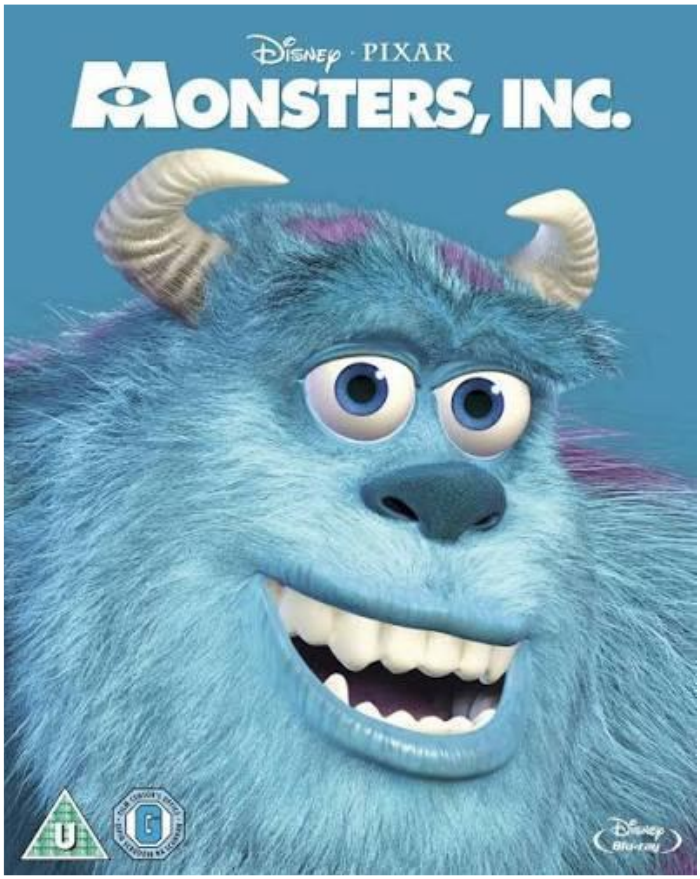
Co-chairs	**Secretary**	**Co-Treasurers**
Lucy Fitton (Year 3) Nicola Renshaw (Reception)	Vicky Fallon (Years 2&5)	Nicole Hanson (Year 6) Clare Garbe (Year 1)

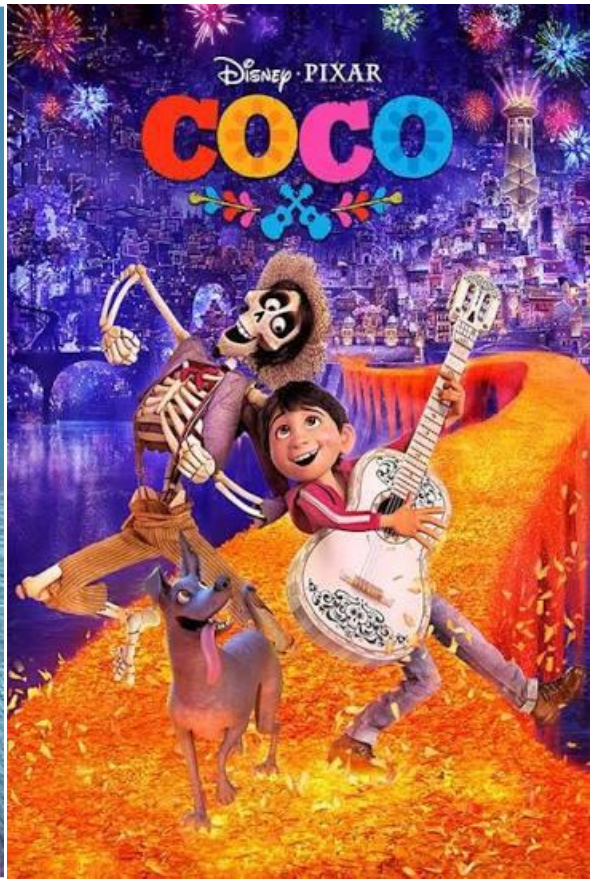


PTA Film Night!

Friday 16th October

3.20 – 5.45





Click the following link or scan the QR code to book:

Adlington Primary School PTA

Hot dogs, tortilla chips & popcorn provided

DATES FOR YOUR DIARY (new dates highlighted in **orange**)	
Wednesday 21st October	Reception 2027 Tour at 1.30pm
Wednesday 21st October	Years 3&4 Football Team – Tournament at Macclesfield Football Club (4.00-6.00pm)
Thursday 22nd October	Years 5&6 visiting Jodrell Bank (a letter will be sent with further details)
Thursday 22nd October	Curriculum Open Afternoon for Years 3&4 2.45-3.30pm
Friday 23rd October	Curriculum Open Afternoon for Reception, Years 1&2 2.30-3.15pm
Friday 23rd October	Curriculum Open Afternoon for Years 5&6 2.45-3.30pm
Monday 26th October-Friday 30th October	Half-Term Holiday
Monday 2nd November	School closed – Staff Inset Day
Monday 9th November	Flu vaccinations
Monday 9th November	Parents afternoon/evening appointments for Reception, Years 3,4,5&6
Tuesday 10th November	Parents afternoon/evening appointments for Years 1&2
Wednesday 11th November	Parents afternoon/evening appointments for Years 1,2,3,4,5&6